NEVE, 1634.

A new Almanacke and Prognostication, with the Forraigne Computation, serving for the yeere of our Lord and Saviour Iesus Christ. 1634.

Being the second after the Bissextile or Leape yeere.

Rectified for the Elevation of the Pole Articke, and Meridian of the ancient and famous City of *Norwich*.

And may serve generally for the most parts of Great Brittaine.

Practised, Penned, and Published, by *John Neve* Gentleman.

LONDON,
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The Contents of this double Kalender, for this yeere of our Lord God, 1634. which is the second yeere after the Bissextile or Leape yeere, according to the account and Computation of the Church of England.

The Prime or Golden Number		1
The Circle of the Sunne		19
The Epact		11
The Dominicall Letter		E
The Roman Indiction		4
The space betweene Christmas and Shroue sunday, is 7. weekes and 4. dayes.		
Shroue sunday	Febuary	16
Easter day	Aprill	6
Ascension day	May	15
Whitsunday	May	25
Aduent sunday	November	30
Betweene Trinity and Aduent, are Sundayes		26
Betweene Easter and Ascension are 5. weekes and 3. dayes.		
Betweene Whitsunday and Midsummer, is 4. weekes and one day.		
Betweene Midsummer and Bartholomew, is 8. weekes.		
Betweene Bartholomew and All Saints, is 9. weekes and 3. dayes.		

The Forraigne Computation.

The Prime or Golden Number		1
The Circle of the Sunne		19
The Epact		8
The Dominicall Letter		A
The Roman Indiction		1
Shroue sunday	Febuary	23
Easter day	Aprill	10
Ascension day	May	21
Whitsunday	June	1
Aduent sunday	December	3
The space betweene Christmas & Shroue sunday, is 9. weeks		

A briefe and necessary Computation of yeeres.

From the Creation of the world until this present yeere of our Lord God, 1634.	5583
From the Creation untill the Flood.	1656
From Moses to Christ.	1514
Since the promised Seed of Abraham.	3561
Since the Israelites departed out of Ægypt.	3131
Since the Destruction of Troy.	2816
Since Brute entered this Iland.	2741
Since the building of the Temple of Salomon.	2651
Since the building of the City of Rome.	2386
Since Nabuchadonozer the King.	2382
Since Alexander the Great dyed.	1958
Since Iulius Cæsar was slaine with Bodkins.	1683
Since the happy Birth of our Saviour Christ.	1634
Since Ierusalem was destroyed by Titus Vespasian.	1561
Since England received the Christian Faith.	1454
Since the Danes entered England.	616
Since the Conquest of England.	567
Since King Henry the 8. won Bolloigne.	90
Since Kettes Rebellion at Norwich.	85
Since the Infectious sweating sicknesse.	77
Since Saint Pauls Steeple fired by Lightning.	73
Since the Science of Printing was invented.	174
Since the great Plague at New-haven.	71
Since the Earles Rebellion in the North.	65
Since the Blazing Starre and frosty Winter.	62
Since the fiery apparition in the Heavens.	60
Since the Deepe Snow.	54
Since the generall Earthquake in England.	53
Since the last Earthquake.	32
Since the Campe at Tilbury in Essex.	45
Since the Damnable Powder Treason.	29
Since the Kings returne from Spaine, October 6.	11
Our Kings Majesties Raigne whom the King of Heaven grant long and prosperously to Raigne ouer us. Amen.	10

The Anatomy of Mans body as the parts thereof are governed by the 12. Celestiall Signes.

♈ Aries, Head and face.

♉ Taurus, Necke and throate.

♋ Cancer, Brest, stomach and ribs.

♍ Virgo, Bowels and belly.

♏ Scorpio, Secret members.

♑ Capricor. The knees.



♊ Gemini, Armes and shoulders.

♌ Leo, Heart and backe.

♎ Libra, Reines and Loynes.

♐ Sagitarius, The Thighs.

♒ Aquarius, The Leggs.

♓ Pisces, The feete.

The Booke of Martyrs newly printed in London 1632. in 3. Volumes, with Additions of diuers Martyrs that haue suffred for the Gospell in forraine parts, together with the barbarous cruelties exercised vpon the Professors of the Gospell in the Valtoline, and with diuers other Additions.

Now if your body in health will keepe,
Warme meates for it is very meete:
Fly Phyficke, Sloth and Venery,
Avoyd all Bathes moſt carefully.

1	a	New yeere.d.	Gemini	20	11	d	
2	b	Octa. Steph.	Cancer	2	12	e	
3	c	Octa. Iohn	Cancer	14	13	f	
4	d	Octa. Inno.	Cancer	26	14	g	
5	e	Edward dep.	Leo	7	15	A	● Full Moone the 4. day, 55. min. after 5. a clocke in the morning.
6	f	Twelfe day.	Leo	19	16	b	
7	g	Iulian	Virgo	1	17	c	
8	a	Lucian Pric.	Virgo	13	18	d	
9	b	Agapite virg.	Virgo	25	19	e	
10	c	Paul Her.	Libra	7	20	f	
11	d	Sol in Aqua.	Libra	20	21	g	
12	e	1. fun. aftr. epi.	Sceppio	3	22	A	
13	f	Hillary Wilh.	Scorp.	16	23	b	☾ Laſt quarter the 12. day, 23. min. after 10. of the clocke in the forenoone.
14	g	Wed. come in	Sagit.	0	24	c	
15	a	Maurice	Sagit.	13	25	d	
16	b	Marcellus	Sagit.	28	26	e	
17	c	Anthony.	Capric.	12	27	f	
18	d	Prisca virgin	Capric.	27	28	g	
19	e	2. fun. aft. epi.	Aquar.	12	29	A	● New moone the 19. day, 17. min. after 6. of the clock in the morning.
20	f	Fabian & S.	Aquar.	27	30	b	
21	g	Agnes Virg.	Pisces	12	31	c	
22	a	Vincent	Pisces	27	1	d	February.
23	b	Terme begin	Aries	11	2	e	Purific. of Mary.
24	c	Timothy	Aries	25	3	f	
25	d	Con. of Paul.	Taurus	9	4	g	
26	e	3. fun. aft. epi.	Taur.	22	5	A	
27	f	Iulian Wilh.	Gemini	5	6	b	☽ Firſt quarter the 26. day, 53. min. before one of the clocke in the morning.
28	g	Agnes second	Gemini	17	7	c	
29	a	Valerius Bi.	Cancer	0	8	d	
30	b	Bartide Mu.	Cancer	12	9	e	
31	c	Victor & Ga.	Cancer	24	10	f	

This Moneth as yet no Phyſicke uſe,
For feare that you your ſelfe abuſe:
Bleed not nor Bathe, be rulde by me,
Except upon neceſſitie.

1	D	Brigit Faſt	Leo	5	11	g	
2	E	Purific. of Ma.	Leo	17	12	a	
3	f	Wed. goes out	Leo	29	13	b	● Full moone the
4	g	Gilbert Conf.	Virgo	10	14	c	3. day, about 2. of the
5	a	Agathe virg.	Virgo	22	15	d	clocke in the mor-
6	b	Dorothe virg.	Libra	4	16	e	ning.
7	c	Angnſt biſh.	Libra	16	17	f	
8	d	Paul biſhop	Libra	29	18	g	
9	E	Sol in Piſces	Scorp.	11	19	a	
10	f	Scholaſtica virg.	Scor.	25	20	b	
11	g	Eulrage virg.	Sagit.	8	21	c	☾ Laſt quarter
12	a	Terme ends	Sagit.	22	22	d	the 11. day, 19. min.
13	b	Wolfran biſh.	Capri.	6	23	e	before one of the
14	c	Valentine	Capr.	21	24	f	clocke in the mor-
15	d	Fauſtine	Aquar.	6	25	g	ning.
16	E	Shroveſunday	Aquar.	21	26	a	Shroveſunday
17	f	Julian virg.	Piſces	6	27	b	● New moone
18	g	Simeon biſh.	Piſces	20	28	c	the 17. day, 6. min.
19	a	Aſh Wedneſd.	Aries	5	1	d	after 3. of the clock
20	b	Wilfred virg.	Aries	20	2	e	in the afternoone.
21	c	69. martyrs	Taurus	4	3	f	March, 1634.
22	d	Cath. Peter	Taur.	17	4	g	
23	E	1. ſun. in Lent	Gemini	0	5	a	
24	f	Mathias Apo.	Gemi.	13	6	b	☽ Firſt quarter
25	g	Impent of P.	Gemi.	26	7	c	the 24. day, 47. min.
26	a	Ember weeke	Cancer	8	8	d	after 3. of the clocke
27	b	Auguſt. biſh.	Canc.	20	9	e	in the afternoone.
28	c	Oſwold biſh.	Leo	2	10	f	

Now March begins the Springing time,
The Sunne hath got the equall Line:
Vſe Phyſickes Artt, and all thy skill,
To helpe diſeaſes that be ill.

1	b	Dauid	Leo	14	11	g	
2	c	2. ſun. in Lent	Leo	26	12	a	
3	d	Maurice	Virgo	8	13	b	
4	e	Adrian mart.	Virgo	19	14	c	
5	f	Fot. & Euſeb.	Libra	1	15	d	Full moone the 4. day, 12. min. after 8. of the clock at night.
6	g	Victor	Libra	13	16	e	
7	a	Perpetue	Libra	26	17	f	
8	b	Depoſ. Felix	Scorp.	8	18	g	
9	c	3. ſun. in Lent	Scorp.	21	19	a	
10	d	Agapite virg.	Sagit.	4	20	b	
11	e	Sol in Aries	Sagit.	18	21	c	Laſt quarter the 12. day, 22. min. after 11. of the clock in the forenoone.
12	f	Gregory	Cap.	1	22	d	
13	g	Theodore	Cap.	16	23	e	
14	a	Peter Mart.	Aquar.	0	24	f	
15	b	Longine mar.	Aqua.	15	25	g	Annuncia. of Mary
16	c	4. ſun. in Lent	Piſces	0	26	a	
17	d	Gertrude	Piſces	15	27	b	
18	e	Edward Kin.	Piſces	29	28	c	New moone the 19. day, 52. min. after one of the cloche in the morning.
19	f	Joſeph	Aries	14	29	d	
20	g	Cuthbert Bi.	Aries	28	30	e	
21	a	Benedict	Taur.	11	31	f	
22	b	Aphrodoſie vi.	Taur.	25	1	g	April, 1634.
23	c	5. ſun. in Lent	Gemin.	8	2	a	
24	d	Agapit Faſt	Gemi.	21	3	b	
25	e	Annu. of Mary	Cancer	4	4	c	
26	f	Tutor mart.	Canc.	16	5	d	First quarter the 26. day, 12. min. after 9. of the cloche in the morning.
27	g	Init. R. Caro.	Canc.	29	6	e	
28	a	Dorothe virg.	Leo	11	7	f	
29	b	Euſtach	Leo	23	8	g	
30	c	Palmeſunday	Virgo	5	9	a	
31	d	Adelme Biſh.	Virgo	17	10	b	

This Aprill with his ſtormy ſhowres,
Doth make the Earth yeeld pleaſant flowres:
Purge well therefore, for it is good,
To helpe thy body, and cleanſe thy blood.

1	g	Theodore Bi.	Virgo	29	11	c	
2	a	Mary Egypt.	Libra	11	12	d	● Full moone
3	b	Richard biſh.	Libra	23	13	e	the 3. day, 52. min.
4	c	Ambroſe	Scorp.	5	14	f	after 11. of the clock
5	d	Martian	Scorp.	18	15	g	in the forenoone.
6	e	Eaſter day	Sagit.	1	16	A	Eaſter day
7	f	Enkeme Vir.	Sagit.	14	17	b	
8	g	Egilippus	Sagit.	28	18	c	
9	a	Paſſion 7. vir.	Capric.	12	19	d	
10	b	Inig Biſhop	Capri.	26	20	e	
11	c	Sol in Taurus	Aquar.	10	21	f	☾ Laſt quarter
12	d	Oſwald Arc.	Aqua.	25	22	g	the 10. day, 31. min.
13	e	1. Sun. af. Ea.	Pisces	10	23	A	after 6. of the clocke
14	f	Ulliſſe	Pisces	24	24	b	at night.
15	g	Leonard	Aries	8	25	c	
16	a	Iſid orge biſh.	Aries	23	26	d	
17	b	Colmy.	Taurus	6	27	e	
18	c	Valerian	Taur.	20	28	f	● New moone
19	d	Alphage Arc.	Gemin.	3	29	g	the 17. day, about
20	e	2. Sun. aft. E.	Gemin.	16	30	A	11. of the clocke in
21	f	Simion Biſh	Gemin.	29	1	b	the forenoone.
22	g	Mother	Cancer	11	2	c	May, 1634.
23	a	Terme begin	Canc.	24	3	d	
24	b	Wilfrid Biſh.	Leo	6	4	e	
25	c	Marke Evang	Leo	18	5	f	
26	d	Clement Bi.	Virgo	0	6	g	☽ Firſt quarter
27	e	3. Sun. afe. E.	Virgo	13	7	A	the 25. day, 16. min.
28	f	Vitale Mart.	Virgo	25	8	b	after 2. of the clock
29	g	Peter of Mil.	Libra	7	9	c	in the morning.
30	a	Erkenwald.	Libra	19	10	d	

Now gallant May in his array,
Doth make the Fields pleaſant and gay:
Walke early now for thy healths ſake,
And ſtill thou maiſt ſome Phyſicke take.

1	b	Phil.& Iaco.	Scorp.	2	11	c	
2	c	Athanaſ.con.	Scorp.	15	12	f	
3	d	Inv. Crolle	Scorp.	28	13	g	● Full moone
4	e	4.ſun.aft.eaſt.	Sagit.	11	14	A	the 3. day, 13. min.
5	f	Gordian	Sagit.	24	15	b	before one of the
6	g	Iohn Por.Lat.	Capric.	8	16	c	clocke in the morn-
7	a	John of Wem.	Capri.	22	17	d	ning.
8	b	Ap.S.Mich.	Aquar.	7	18	e	
9	c	Tran.Nichol.	Aquar.	21	19	f	☾ Laſt quarter the
10	d	Wed. goe out	Pisces	6	20	g	9. day, 34. min. after
11	e	Rogation ſun.	Pisces	20	21	A	11. at night.
12	f	Sol in Gemini	Aries	4	22	b	
13	g	Serbatius co.	Aries	18	23	c	
14	a	Boniface M.	Taur.	2	24	d	
15	b	Aſcenſion day	Taur.	16	25	e	
16	c	Diaſcor.mart.	Taur.	29	26	f	● New moone
17	d	Tranſ. Bern.	Gemini	12	27	g	the 16. day, 8. min.
18	e	Dunſtan	Gemini	25	28	A	after 10. of the clock
19	f	Terme ends	Cancer	7	29	b	at night.
20	g	Ellen Mueene	Canc.	19	30	c	
21	a	Iulian virgin	Leo	1	31	d	
22	b	Deſiderii M.	Leo	14	1	e	Iune, 1634.
23	c	Tranſ. of Fr.	Leo	26	2	f	
24	d	Ydeine biſh.	Virgo	8	3	g	☽ Firſt quarter
25	e	Whitſunday	Virgo	20	4	A	the 24. day, about 9.
26	f	Auguſt. of E.	Libra	2	5	b	of the clock at night
27	g	Bede Prieſt	Libra	15	6	c	
28	a	German Co.	Libra	27	7	d	
29	b	Cozon mart.	Scorp.	10	8	e	
30	c	Felix Biſhop	Scorp.	23	9	f	
31	d	Petronil Vir.	Sagit.	7	10	g	

This moneth of Iune use clarified Whay,
Boyld with coole herbes, drinke alway:
From violent Exercise, now abstaine,
Except thou wilt in trouble remaine.

1	E	Trinity Sund.	Sagit.	20	11	♃	● Full moone
2	f	Wed.comes in	Cap.	4	12	b	the first day, 18. mi.
3	g	Erasmus ma.	Cap.	18	13	c	after 11. of the clock
4	a	Petro.Tonks.	Aquar.	3	14	d	in the forenoone.
5	b	Boniface bish.	Aqua.	17	15	e	
6	c	Terme begin	Pisces	2	16	f	
7	d	Pleion arth.	Pisc.	16	17	g	
8	E	1. sun.aft. tri.	Aries	1	18	a	
9	f	Transl.of Ed.	Aries	15	19	b	☾ Last quarter
10	g	Transl.of Yu.	Aries	29	20	c	the 8. day, 10. min.
11	a	Barnaby	Taur.	12	21	d	after 4. of the clocke
12	b	Sol in Cancer	Taur.	26	22	e	in the morning.
13	c	Anthony con.	Gemi.	9	23	f	
14	d	Transl.of Ric.	Gemi.	21	24	g	
15	E	2.sun.aft. trin.	Cancer	3	25	a	Iohn Baptist
16	f	Rowland	Canc.	16	26	b	● New moone
17	g	Botolph	Canc.	28	27	c	the 15. day, 26 min.
18	a	Marcelline	Leo	10	28	d	after 11. of the clock
19	b	Nat.Rex Iaco.	Leo	22	29	e	in the forenoone.
20	c	Silvester	Virgo	4	30	f	S. Peter & Paul
21	d	Walburge vir.	Virgo	16	1	g	Iuly, 1634.
22	E	3.sun.aft.trin.	Virgo	28	2	a	
23	f	Eth.bis. Fast	Libra	10	3	b	☽ First quarter
24	g	Iohn Baptist	Libra	22	4	c	the 23. day, 48. min.
25	a	Terme ends	Scorp.	5	5	d	after one of the
26	b	John & Paul	Scor.	18	6	e	clocke in the after-
27	c	Crescent.mar.	Sagit.	1	7	f	noone.
28	d	Leo bish. Fast	Sagit.	15	8	g	
29	E	S. Peter & Paul	Sagit.	29	9	a	● Full moone
30	f	Con. of Paul	Capri.	13	10	b	the 30. day, 53. min.
							after 7. of the clocke
							at night.

Now in Iuly Dog dayes begin,
The Rivers are best to Bathe in:
To take hot drinkes be not too bold,
But use hearbes which be moist and cold.

1	g	Oct. of John	Capri.	28	11	e
2	a	Vis. of Mary	Aquar.	12	12	d
3	b	Transf. of Th.	Aquar.	27	13	c
4	c	Tran. of Ma.	Pisces	12	14	f
5	d	Joe virgin	Pisces	27	15	g
6	e	5 sun. aft. tri.	Aries	11	16	a
7	f	Martialis	Aries	25	17	b
8	g	Dep. of Eras.	Taur.	9	18	c
9	a	Cyril bishop	Taur.	23	19	d
10	b	7. Brethren	Gemi.	6	20	e
11	c	Transf. of Be.	Gemi.	18	21	f
12	d	Nabor & Fel.	Cancer	1	22	g
13	e	Sol in Leo	Canc.	13	23	a
14	f	Revell.	Canc.	25	24	b
15	g	Transf. of Sa.	Leo	7	25	c
16	a	Osmond bish.	Leo	18	26	d
17	b	Kenelme Kin.	Virgo	0	27	e
18	c	Arnolph mar.	Virgo	12	28	f
19	d	Dog dayes be.	Virgo	24	29	g
20	e	7. sun. aft. tri.	Libra	6	30	a
21	f	Pzared virgin	Libra	18	31	b
22	g	Mary Magd.	Scorp.	0	1	c
23	a	Appolinari	Scorp.	13	2	d
24	b	Christian Fast	Scorp.	26	3	e
25	c	Iames Apost.	Sagit.	9	4	f
26	d	An. mo. of M.	Sagit.	23	5	g
27	e	8. sun. aft. trin.	Capri.	7	6	a
28	f	Samson bish.	Capri.	21	7	b
29	g	Felix & his F.	Aqua.	6	8	c
30	a	Abdon & Se.	Aqua.	21	9	d
31	b	Germane bi.	Pisces	6	10	e

(Last quarter the 7. day, about 10. of the cloche in the forenoone.

● New moone the 15. day, 21. min. after one of the cloche in the morning.

Iames Apostle

☽ First quarter the 23. day, 50. min. after 4. of the cloch in the morning.

August, 1634.

● Full moone the 30. day, 36. min. after 3. of the cloche in the morning.

Auguſt hath xxxj, dayes.

This Moneth of Auguſt take good heed,
For now will many Surfets breed:
Let little ſleepe thee now content,
If that diſeaſes thou'lt prevent.

1	c	Lammas day	Piſces	21	11	f	
2	d	Stephen Bi.	Aries	6	12	g	
3	e	9.ſun.akt.trin.	Aries	20	13	A	☾ Laſt quarter the 5. day, 40. min. after 6. of the clocke at night.
4	f	Iuſtine Vrieſt	Taur.	5	14	b	
5	g	Gowzies con.	Taur.	18	15	c	
6	a	Tranſfigura.	Gemini	2	16	d	
7	b	Feaſt of Jeſ.	Gemi.	15	17	e	
8	c	Ciriacke	Gemi.	28	18	f	
9	d	Roman mart.	Canc.	10	19	g	● New moone the 13. day, 42. min. after 4. of the clocke in the afternoone.
10	e	10. ſun. akt. tri	Canc.	22	20	A	
11	f	Tiburt mart.	Leo	4	21	b	
12	g	Clare virgin	Leo	16	22	c	
13	a	Ipoſit. his F.	Leo	28	23	d	
14	b	Sol in Virgo	Virgo	9	24	e	Bartholomew Apo.
15	c	Aſſump. Mar.	Virgo	21	25	f	
16	d	Roch mart.	Libra	3	26	g	
17	e	11. ſun. akt. tri.	Libra	15	27	A	☽ Firſt quarter the 21. day, about 5. of the clocke in the afternoone.
18	f	Agapite mar.	Libra	27	28	b	
19	g	Magnus ma.	Scor.	9	29	c	
20	a	Ludowick B.	Scor.	21	30	d	
21	b	Bernard con.	Sagit.	4	31	e	
22	c	Oct. Aſſump.	Sagi.	18	1	f	September.
23	d	Timothy Faſt	Capri.	1	2	g	
24	e	Bartho. Apoſt.	Capri.	15	3	A	
25	f	Lewes King	Aquar.	0	4	b	
26	g	Dog dayes en.	Aquar.	15	5	c	● Full moone the 28. day, 15. min. after 11. of the clock in the forenoone.
27	a	Rufus mar.	Piſces	0	6	d	
28	b	Auguſt. Biſh.	Piſces	15	7	e	
29	c	John behead.	Piſces	20	8	f	
30	d	Felix & Aud.	Aries	14	9	g	
31	e	13. ſun. akt. tri.	Aries	29	10	A	

Now mayst thou Physicke safely take,
And bleed and Bathe for thy healths sake:
Eate Figges and Grapes and Spicery,
For to refresh thy members dry.

1	f	Giles Abbot	Taur.	13	11	b	
2	g	Anthony mar.	Taur.	27	12	c	
3	a	Gregory	Gemin	11	13	d	
4	b	Transl. Cuth.	Gemi.	24	14	e	☾ Last quarter
5	c	Hercules	Cancer	7	15	f	the 4. day, 34. min.
6	d	Eugenius	Cancer	19	16	g	after 6. of the clocke
7	e	14. Sun. aft. tri.	Leo	1	17	a	in the morning.
8	f	Nat. of Mary	Leo	13	18	b	
9	g	Gorgon mart.	Leo	25	19	c	
10	a	Stinins bish.	Virgo	7	20	d	
11	b	Proth. & Jac.	Virgo	19	21	e	Mathew Apostle
12	c	Martian bish.	Libra	0	22	f	● New moone
13	d	Maurice bish.	Libra	12	23	g	the 12. day, about 9.
14	e	Sol in Libra	Libra	24	24	a	of the clocke in the
15	f	Octa of Mary	Scorp.	6	25	b	forenoone.
16	g	Enfemy virg.	Scorp.	18	26	c	
17	a	Ember weeke	Sagit.	1	27	d	☽ First quarter
18	b	Victor & Cor.	Sagit.	14	28	e	the 20. day, at 4. of
19	c	January mar.	Sagit.	27	29	f	the clock in the mor-
20	d	Eustace Fast	Capri.	10	30	g	ning.
21	e	Mathew Apo.	Capri.	24	1	a	October,
22	f	Mauritius	Aquar.	9	2	b	
23	g	Tecle virgin	Aquar.	24	3	c	
24	a	Andoch. mar.	Pisces	8	4	d	
25	b	Firmin Bish.	Pisces	23	5	e	
26	c	Cyprian	Aries	8	6	f	● Full moone
27	d	Cosme & Da.	Aries	23	7	g	the 26. day, 43. min.
28	e	17. Sun. aft. tri.	Taurus	7	8	a	after 7. of the clocke
29	f	Michael Arch.	Taur.	21	9	b	at night.
30	g	Hierome priest	Gemi.	5	10	c	

This moneth hot drinkes and meats be good,
To keep thy health and nouriſh thy blood:
Provide warme Clothes and goe dry,
Thou ſhalt eſcape much danger thereby.

1	a	Remigius bi.	Gemi.	19	11	d	
2	b	Leodegar bi.	Canc.	2	12	e	
3	c	Candide mar.	Canc.	15	13	f	☾ Laſt quarter the 3. day, 11. min. after 10. of the clocke at night.
4	d	Francis conf.	Canc.	27	14	g	
5	E	18. ſund. aft. tri.	Leo	10	15	A	
6	f	Faith virgin	Leo	22	16	v	
7	g	Marcus & M.	Virgo	4	17	c	
8	a	Pelagie virg.	Virgo	16	18	d	Luke Evangeliſt
9	b	Terme begin	Virgo	27	19	e	
10	c	Gereon	Libra	9	20	f	
11	d	Burchad	Libra	21	21	g	
12	E	19. ſun. aft. tri.	Scorp.	3	22	A	● New moone the 12. day, 43. min. after one of the clocke in the morning.
13	f	Tranſ. of Ed.	Scorp.	15	23	b	
14	g	Sol in Scorpio	Scorp.	28	24	c	
15	a	Wolfron biſh.	Sagit.	10	25	d	
16	b	Mich of Mo.	Sagit.	23	26	e	
17	c	Etheldred vir.	Capr.	7	27	f	
18	d	Luke Evang.	Capr.	20	28	g	
19	E	20. ſun aft. tri.	Aqua.	4	29	A	☽ Firſt quarter the 19. day, 54. min. after 1. of the clocke in the afternoone.
20	f	Auſtrebert bi.	Aqua.	19	30	b	
21	g	11. Mart vir.	Piſces	3	31	c	
22	a	Mary Salo.	Piſces	18	1	d	November, 1634.
23	b	Roman Biſh.	Aries	3	2	e	
24	c	Magloyr con.	Aries	17	3	f	
25	d	Criſp. & Criſ.	Tau.	2	4	g	
26	E	21. ſun. aft. tri.	Tau.	16	5	A	● Full moone the 26. day, 55. min. after 5. of the clocke in the morning.
27	f	Florence Faſt	Gemin.	0	6	b	
28	g	Simon & Jude	Gemin.	13	7	c	
29	a	Narciſſus bi	Gemin.	27	8	d	
30	b	Germane bi.	Cancer	10	9	e	
31	c	Quintin Faſt	Cancer	22	10	f	

Now maist thou drinke sweet Wines freely,
And use good mirth and Company:
Abstaine from wrath and all envie,
And use thy Brethren charitably.

1	D	All Saints	Leo	5	11	g	
2	E	All Soules	Leo	17	12	A	☾ Last quarter the 2. day, 49. min. after 4. of the clocke in the afternoone.
3	f	Wenefrede	Leo	29	13	b	
4	g	Emantius	Virgo	12	14	c	
5	a	Papists Consp.	Virgo	24	15	d	
6	b	Leonard Ab.	Libra	♍	16	e	
7	c	Wilfrid arch.	Libra	18	17	f	
8	d	4. Crowned	Scorp.	0	18	g	
9	E	23. sund. aft. tri	Scorp.	12	19	A	
10	f	Wennet	Scorp.	25	20	b	● New moone the 10 day, 52. min. after 5. of the clocke at night.
11	g	Martin bish.	Sagit.	7	21	c	
12	a	Paterne mar.	Sagit.	20	22	d	
13	b	Sol in Sagit.	Capri.	3	23	e	
14	c	Transl. of Er.	Capri.	17	24	f	
15	d	Macute bish.	Aqua.	1	25	g	
16	E	24. sun. aft. tri.	Aqua.	15	26	A	
17	f	Hugh bishop	Aqua.	29	27	b	☽ First quarter the 17. day, 30. min. after 9. of the clocke at night.
18	g	Oct. Martin	Pisces	14	28	c	
19	a	Elizabeth	Pisces	28	29	d	
20	b	Edmund Kin.	Aries	13	30	e	
21	c	Præsent. of M.	Aries	27	1	f	December, 1634.
22	d	Cecilia virgin	Tau.	11	2	g	
23	E	25. sund. aft. tri.	Tau.	25	3	A	Advent Sunday.
24	f	Gyrlost. Mar.	Gemi.	9	4	b	
25	g	Katherine vi.	Gem.	22	5	c	● Full moone the 24. day, 9. min. after 3. of the clocke at night.
26	a	Linus Mart.	Tau.	5	6	d	
27	b	Agricola & V.	Tau.	18	7	e	
28	c	Terme ends	Leo	0	8	f	
29	d	Saturne	Leo	14	9	g	
30	E	Fast Andrew Apo.	Leo	25	10	A	

December hath xxxj. dayes.

Our Saviour Christ (as some remember,)
The five and twentieth of December:
Was borne, and after dyed for sinne,
To save all such as trust in him.

1	f	Wed. goes out	Virgo	7	11	b
2	g	Albane Mart.	Virgo	19	12	c
3	a	Barbary vir.	Libra	1	13	d
4	b	Osmund conf.	Libra	13	14	e
5	c	Sabbe abbot	Libra	26	15	f
6	d	Nicholas bish.	Scorp.	8	16	g
7	e	2. sun. in Adu.	Scorp.	21	17	a
8	f	Con. of Mary	Sagit.	3	18	b
9	g	Cyprian	Sagit.	16	19	c
10	a	Eulaly virg.	Capric.	0	20	d
11	b	Damasus co.	Capri.	13	21	e
12	c	Sol in Capric.	Capri.	27	22	f
13	d	Lucy virgin	Aquar.	11	23	g
14	e	3. sun. in Adu.	Aquar.	25	24	a
15	f	Valerius bish.	Pisces	10	25	b
16	g	O sapientia	Pisces	25	26	c
17	a	Ember weeke	Aries	9	27	d
18	b	Gratian bish.	Aries	23	28	e
19	c	Nemesia virg.	Taur.	8	29	f
20	d	Julian Fast	Taur.	21	30	g
21	e	Thomas Apo.	Gemin.	5	31	a
22	f	30. Martyrs	Gemin.	18	1	b
23	g	Victor virgin	Cancer	1	2	c
24	a	Claudy Fast	Canc.	14	3	d
25	b	Christmas day	Cancer	27	4	e
26	c	Saint Stephen	Leo	10	5	f
27	d	Iohn Evang.	Leo	22	6	g
28	e	Innocents	Virgo	4	7	a
29	f	Tho. Becket	Virgo	16	8	b
30	g	Transl. of Ja.	Virgo	28	9	c
31	a	Silvester bi.	Libra	9	10	d

☾ Last quarter the 2. day, 33. min. after 1. of the clocke in the afternoone.

● New moone the 10. day, 41. min. after 8. of the clock in the morning.

☽ First quarter the 17. day, 52. min. after 4. of the clocke in the morning.

Christmas day
Saint Stephen
Iohn Evangelist
Innocents

January, 1635.

● Full moone the 25. day, 12. min. after 9. of the clock in the morning.

NEVE. 1634.

A Prognostication seruing for the yeare of our Lord God and Sauiour Iesus Christ. 1634.

VVherein you may obserue the grounds of the alteration and condition of the foure Quarters of this yeere; as also the disposition of the Ayer for each seuerall moneth, according to the inclination of the Celestiall bodies, with the Change of the Moone, and the time of the Eclipses, and other necessarie obseruations, conuenient in such a worke to bee noted.

Calculated, and especially referred to the Longitude and Elevation of the Pole Article of the ancient and famous City of Norwich, and may serue generally for the most part of great Britaine.

Collected and published by *John Allen, Gent.*

A neceſſarie rule to know the beginning and ending of euery Terme, with their Returnes.

Hillarie Terme beginneth the 23. of Ianuary, and endeth the 12. of February, and hath foure Returnes.

Octabis Hillarij. } { Craſtino Purifi.
Quind Hillarij. } { Octabis Purifica.

Eaſter Terme, beginneth 17. dates after Eaſter and endeth the munday next after Aſcention hauing fiue Returnes.

Quind Paſchæ. } Menſe Paſchæ { Quinq; Paſchæ.
Tres Paſchæ. } { Craſt. Aſcen.

Trinity Terme, beginneth the Friday after Trinity Sunday, and endeth the eleuenth day fortnight following, and hath foure Returnes.

Craſti Trinitatis. } { Quind. Trinitatis.
Octabis Trinitatis. } { Tres Trinitatis.

Michaelmas Terme, beginneth the 9. of October, and endeth the 28. of Nouember, & hath eight Returnes.

{ Octabis Michael. } { Craſt. Animarum. } {
{ Quind Michael. } { Craſt. Martinj. } {
{ Tres Michael. } { Octabis Martinj. } {
{ Menſe Michael. } { Quind Martinj. } {

Note that the Exchequer openeth eight dayes before any Terme begins, except Trinity Terme, in which it openeth but foure dayes before.

On theſe dayes following, the Iudges ſit not at Weſtminſter.

In { Hillary / Eaſter / Trinity. / Michael. } Terme on { Candlemas / Aſcention / Midſomer. / Alholland } Day.

Certaine

Certaine profitable Rules, and briefe obſeruations, concerning Husbandry.

The beſt time to ſow all kinde of Corne, is when the Moone goeth her courſe in Cancer.

The beſt time to plant and graft, when the Moone is in a fixed ſigne, eſpecially in Taurus or Aquarius: and in the increaſe of the moone, which is betweene the change and full.

To ſet and ſow all kinde of ſeedes, the Moone being well ſeated in Aries, Taurus, Virgo, Libra, Capricornus, Aquarius or Piſces.

Fell timber to build withall, when the Moone is towards the laſt quarter, ſhee being then in Aquarius or Piſces.

Crop trees & fell wood to burne, that the ſtocke may the better and ſooner grow againe, when the Moone is in the firſt quarter.

Remoue and ſet young trees, in the laſt quarter of the Moone, in Taurus or Capricornus, & that in the moneths of September, October, Nouember, and February.

The beſt time to geld Cattell, the moone being in Aries, Sagitarius, or Capricornus.

The beſt time to cut Vines, is in February or March, the Moone increaſing, in Taurus, Virgo, or Libra.

The beſt time to ſhare ſheepe, is in the increaſe of the Moone, that is from the change to the full.

To cut hayre that it may the ſooner grow againe, the Moone increaſing in Taurus, Virgo, or Libra.

To muche your land that the weeds may not grow thereby, is in the decreaſing of the Moone, that is from the change to the full.

Of the Eclipſes which ſhall happen this preſent yeare of our Lord God. 1634.

There will this yeare, be preſented vnto the view of the Inhabitants of the earth, Foure Eclipſes

to the two great lights of heauen, whereof the first only of the Moone, will appeare visible in our Horizon.

Of the first Eclipse of the Moone.

There shall appeare a great Eclipse of the Moone, in our Horizon, on the 4. day of March, 12. minuts after 3 of the cloche at night, she being at that instant, placed in the second face of Virgo, and diametrally opposite vnto the Sunne, (neare the tayle of the Dragon,) in a signe of the earthly Triplicity, naturally cold and dry, of complexion Melancholicke, Feminine, Meridionall, common, the house of Mercury, and also his exaltation. The points or degrees eclipsed, is 9. 35 minuts: the totall duration, from the beginning to the ending, 3. houres and 12. minuts.

Of the second Eclipse, of the Sunne.

Vpon the 19 day of March, according to the Iulian yeere, but in the reformed yeere, on the 29 of the same moneth, will appeare a great Eclipse of the Sun, vnto the people that inhabite in the Iland of Laponia, Xima, Xicoca, and other adiacent parts, in the end of Asia, neare the kingdome of China, and great Cham, in the longitude 152 degrees, and in the North latitude 47 degrees and 30 minuts, the poynt or degrees Eclipsed, 11. and 42 minuts, the whole duration of this obscuration, will be 2. houres and 48 Minutes.

Of the third Eclipse, which is of the Moone.

There shall visibly appeare, another great Eclipse of the moone, in the longitude of 111 to the longitude of 321. degrees, in the East Indies, in the kingdomes of the great Cham of China, & Mexica, & in the interiacent Iland, Iana, Luconia, Laponia, Samatra, the Molucca, the Philippines, Noua, Guinia, & the South part of Magelanica, on the 28 day of Aguſt about noone, but in the reformed yeere, on the 7 of September. The quantity of degrees of this Eclipse, is 12. & 16 minuts. This accidentall

ventall obſeruation, from the beginning to the ending, with 3. houres & 14. Minuts.

Of the fourth Eclipſe.

VPon the 12 of September, according to our computation, but in the reformed yeere, on the 22 of September. the bright globe of the Sun, ſhall be againe Eclipſed, by the direct interpoſition of the body of the moone betweene him & the earth, they being both at that very inſtant, coloyned in the laſt grad of Virgo, neare Cauda Draconis. This Eclipſe will ſhew it ſelfe, about Caput Bonæ ſpei, & the Iſlands of Triſtan, Acuna, Gonzalo, the ſtraights of Magelanica, & Terra del Fuego, in the 13 degrees of longitude, & 57 degrees of the South latitude. The degrees of the Eclipſe is 10 & 38 minuts: the totall continuance, 2 houres 44 Minutes.

The great coniunctions of great ſtarres,
The Eclipſe of Sunne and Moone:
Doth threat great dearth, great death and warres,
If we repent not ſoone.
Now God aboue, and wrath aboue,
And Heauen aboue relent:
And man beneath, and ſinne beneath,
And Earth beneath, Repent.

Briefe Rules, and neceſſarie obſeruations, concerning Bleeding, Bathing, Purging, and Swearing, *according to the motions of the Moone.*

WHen the weather is extreame hote or cold, it is not then conuenient, either to let blood or to purge; vnleſſe ſome great neceſſitie doe require it: yet notwithſtanding, if this bloodletting be for the Phrenſie, the Apoplexie, for a continual head-ach proceeding of choller or blood, or any hot burning Ague, or other extreame paine, a man in ſuch a caſe may not tar-

rie a chosen time, because the patient might miscarrie in the meane season. But in this foresaid case of extreamity, blood is not to be let in such a quantity as otherwise it would, if a chosen time might be expected.

The best time to let the Phlegmatick blood, is when the Moone is in ♈, or ♌, the head & thighes excepted.

For the Melancholike the Moone being in Libra, or Aquarius, the buttockes and legges excepted.

For the Cholericke, the Moone being in Cancer, Scorpio, or Pisces, the brest and feete excepted.

For the Sanguine all be good which before is named.

In Spring time, let blood at the right side.

In Harvest time, let blood at the left side.

For Bathing.

BAthings, are commonly used rather for pleasure then for profit, especially where hot-houses are ouermuch haunted, but I mind not to speake of them in this place, otherwise then to aduertise those that tender their owne health, to be warie and circumspect in resorting vnto them without cause, and immediatly after or with such persons as be vncleane. Know that it is not good to bath the moone being in earthly signes, as in ♉. ♍. or ♑. the reason is because they are of a cold and drie nature, and the nature of Cold is to restraine and bind, and so the moone being in these signes the poores of the body are closed and shut, so that there can be no resolution of humours & superfluities, which by bathing ought to be auoyded.

But in fiery signes, as when the moon is in ♈. ♌. or ♐, then it is good time for bathing, for then the body tasot to resolution, tis the nature of heat, to open & resolue.

It is best bathing, 2. or 3. daies after the change, and at the full of the Moone, for then the superfluities are ripe and ready to auoyd and disposed to flow and issue out, which is indeed the end and vse of Bathing.

If any will enter into the bath onely for cleanenesse

sake

take let the moone be in ♎ or ♓.

Furthermore if Bathing be vsed for health, let the party grieued learne of the wise Phisition. whether his sickenesse hath need of moystening, or drying, for if it doth require moystening, as in Phthisis, and such like, then let him bath in watery signes, hauing good aspects of Iupiter or Venus: But if the sickenesse require drying as in Paralysis and the like, then let him Bath the moone being in fiery signes, hauing good aspects of Mars and the Sunne.

Also before you enter into any Bath, your body must be first purged, for if you enter in vnprepared & vnpurged, peraduenture you may be worse then before.

The best time of the yeare to Bath in, is the Spring and Haruest, and in the moneth of May and September. The best time of the day to goe into the Bath, is one houre after the Sun rising at the least, alwaies prouided, that you must walke either an houre or halfe an houre before, and haue a stoole either by nature or art: you must couer your head well, so long as you be in the Bath, and beware you drinke not cold drinke although you be very thirsty, but forbeare all things that be cold, least when you are hot within, cold strike suddenly into some principall member and so hurt you.

The time of tarying in the Bath, is commonly one houre, vt it may be more or lesse, according to the nature o. the Bath, or sicknesse of the party, at the discretion of the wise Phisition.

For Purging,

Inpurging these things ought to be known

1. The humour which aboundeth.
2. The best way to auoyd it.
3. The strength of the person.
4. The manner of the sicknesse.
5. The force and nature of the medicine.

for when these things are not considered and obserued, many perilous accidents may follow, and greatly

hurt and grieue the body.

Good signes for purging generally, are Cancer, Scorpio, and Pisces.

Particularly, as with potions, or drinkes, the moone being in Scorpio.

Purge with Electuaries, the Moone being in Cancer.

Purge with Pilles, the Moone being in Pisces.

Take Preparatiues, the Moone being in Gemini, Libra, or Aquarius.

Take vomits, the moone being in Aries, Taurus, or Capricornus.

Take Gargarises, the moone in Aries, Cancer, or Capricornus.

Take Glysters, the moone being in Libra, or Scorpio.

To prouoke neesings, the moone being in Cancer, Leo or Libra.

To stop Fluxes, Rhumes, and Lasks, the moone being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Attractiue, the moone in Aries, Leo, or Sagitarius.

Good to comfort the vertue Digestiue, the Moone being in Gemini, Libra, or Aquarius.

Good to Comfort the vertue Retentiue, the moone being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Expulsiue, the Moone being in Cancer, Scorpio, or Pisces.

For vsing of vnguents or plaisters, it is best to bee applyed, when the moone is in that signe which gouerneth the same member or part of the body, to which it is applyable.

For Sweatings.

Sweatings as they are of two sorts, that is to say naturall, and artificiall, so they are vsed for two ends and purposes: The naturall Sweat, if good bee to be taken

taken in opening of the Pores, will dissolue grosse and thicke humors, will clense the blood, will comfort the Spirits, will put away cold, will consume raw humors, qualifie and quench raging feauers, will helpe numnesse, and the dropsie.

The artificiall Sweat, will clense scabs, put away itch, amend dulnesse in the hearing, ease the stone, resolue concealed and cold melancholy blood and humors.

But for the better performing, and effectuall working in these causes, the counsell of the learned Physitian is to be desired and vsed.

The best and meetest signes to sweat in, are Leo, Aries, and Sagitarius, and that twoo or three dayes after the change, and at the full of the Moone.

And note that sweating, is better to bee vsed in the euening, then in the morning, for when the body hath nourishment within, the spirits shall not bee drawne vtterly forth, to the extreame parts.

Note further, that leane folkes, and dry or feeble persons must sweate little, for it will hurt them much, but fat folkes may sweate well, and it will doe them much good.

A Briefe Description of the Foure Quarters of this yeare of our Lord God. 1634.

Of Winter.

VVInter, (which is the theefest Capitall foe for the Spring, the disgrace of Summer, and the deepe deuourer of the fruitfull Harueſt,) began to take his effects according to our vsuall computation, the 12. day of December in the yeare aforegoing, at the first entrance of the sun into the first minute of the signe Capricorne, at which time the Sun shall be at his greatest South declination from the Equinoctiall line, so,

that

that he riseth South-east, and setteth South-west. Now is the Hiemall or winter solstice, for the sun is so farre remoued from our Zenith or verticall point, that he cannot decline any further, & stands at a stop or stay and then is the shortest day & longest night in the yeere, & so this quarter doth continue vntill the 11. of March next following.

This season is by nature cold and moyst, vnpleasant for the most part to trauellers, either by Land or sea, and vnto aged persons, it is very combrous & noysome, causing superfluity of rawnesse, and abundance of cold moystnesse to ouerflow their bodyes, to their great troubles and disquietnesse.

The diseases incident to this Quarter, are Agues, Gouts, Poles, hoarsenesse, Catharres, Dropsies, the stone and straungurie, Palsies, Consumptions, and all cold diseases that comes by want of bloud, are answerable to the condition of this season.

Thus will the starres if God assent,
Whose power alone, can all preuent.

Of the Spring.

The Sun (which is the eye of the world, the fountayne of light, and the chiefe moderator of all the rest of the lights) hath like a Gyant run his race, & finished his reuolution, (Gradatim) throughout the 12. signes, and now beginneth his iourney afresh againe, & goeth an euen course, and so becomes an indifferent Arbiter betweene the night and the day, and maketh an equality throughout his whole gouernment, to the great ioy & comfort of all his reuiued subiects, chearing with his splendant countenance, the poore afflicted weather-worne weeds of this our dark star of mortality, (which the darkned countenance of winters extremity had almost indured,) with his excellent presence, wherat the earth

earth begins to smile, and to put on her new apparrell, the flourishing liuery of fresh Flora.

This season is by nature hot & moyst, the most temperate time of all the yeare, & the least breeder of sicknesse that doth procure death, and a very conuenient time, for the removing of sicknesses and griefes gotten before, and also to auoyd and preuent those that are to come: for now the dull sences & spirits of man & other creatures are quickned and reuiued, and therefore the humors which doe abound, and are readiest to repaire nature are fit to be emptied and auoyded, whether by blood-letting, purging, or otherwise as the learned Physitian shall aduise, and as the cause of the disease shall require, such therefore as be diseased, let them not neglect this time.

Sicknesses like to rage this quarter, are small poxes, measeles, squinances, hot feuers, obstructions, laundise, plurisies, and such like as proceed of the corruption of bloud.

Infections from the starres may fall,
But one aboue doth stay them all.

Of Summer.

SUmmer the third part of our vulgar yeare, according to our vsuall computation, now when the Sun hath fully determined the Spring time, with his last grade of Gem: and hath meoued in his motion to the highest poinct of his course, namely to the first degree of Cancer, which shall be this yeere on the 12 of June. Now is the second Solstice of the yeare, called the estiuall or Summer solstice, for euen as the Sunne when he entreth into vy. hath his greatest South declination from the equinoctiall line: so now at his ingresse into the beginning of Cancer, he hath his greatest declination towards the North from the said equinoctiall line, and

euen

euen then, as at the time of winter solstice he was so far remoued from our vertical point that he could not moue no further towards the South, and was therefore to approach againe toward our North Latitude at which time he seemeth to stand: so now being come so neer our Zenith that hee cannot remoue no further towards the South Latitude. At his first going from vs he seemeth also to stand, in so much that euen as before at his return towards vs againe hee made with vs the shortest day & longest night in the yeare, so now at his returne from vs he maketh with vs contrariwise, the longest day & shortest night in the yeere: And afterwards declineth more & more from vs like as before he moued more toward vs.

This season according to his proper nature, is hoat & dry, turning the humours of mens bodies, from coldnesse and moysture, into hoatnesse and drynesse, resembling the Element of fire & complexion of choller, bringing all fruits to their ripenesse, cattle to their fatnesse, and men to their wealth.

Griefes incident to this quarter are burning feuers, hot inflamations, Pluriſies, phrenſies, and such other distemperatures.

Though starres incline to worke vs ill.
All shall be as the maker will.

Of Autumne.

AUtumne, according to our accustomed computation the last quarter of this yeere, beginneth at the sunne departure from the last scruple of Virgo into the first degree of the second equinoctiall signe Libra, the which will bee this yeare on the Fourteenth day of September, the day and night being of an equall length as in the Spring: At which time is the Autumnall Equinoctiall

nottall, for euen as at the Sunnes entrance into Aries, the day by increasing from the Winter Solstice till then, came to bee equall with the night, going on still more and more till the Summer Solstice, when was the longest day and shortest night. So now the night by increasing from the Estiuall Solstice, to this the Sunnes ingredience into Libra, hath got to be equall with the day, and shall increase more and more till the Brumall Solstice come againe, when the night is longest and the day shortest. This time of the yeare, is of it selfe inconstant and variable, warme in the day time and cold in the night. This quarter because of the inequality of temperature, may as Hippocrates saith, bee called the mother or nurse of deadly sicknesses. And Galen saith, that this time of the yeare is very dangerous for taking of sicknesses.

The infirmities subiect to this quarter, are obstructions, quartaine Agues, Hemrods, Dropsies, Vertigo, Falling sicknesse, with other melancholly diseases, which the Lord deliuer us from. Amen.

Thus euery planet in his kinde,
Is to performe the Almighties minde.

A Declaration of the inclination and disposition of the winds and weather, according to the diuers motions and influences of the erratick and fixed starres: with the day, houre, and minute of the change of the Moone, her full and quarters: and also of the rising and setting of the Sunne, in euery Seauenth day of euery Moneth of this present yeare of our Lord God. 1634.

Of

Day.	The Sunne riseth.	The Sunne setteth.
1	houres 8 and 3 minuts	houres 3 and 57 minuts.
7	houres 7 and 56 minuts	houres 4 and 4 minutes.
14	houres 7 and 46 minuts	houres 4 and 14 minutes.
21	houres 7 and 34 minuts	houres 4 and 26 minutes.
28	houres 7 and 23 minuts	houres 4 and 37 minutes.

Full moone the 4. day 55 minu: after 5 in the morning, and for moisture.

Last quarter the 12 day 23 minu: after 10 in the afternoone. winterly weather.

New moone the 19 day 17 minu: after 6 in the morning, frosty and cold.

First quarter the 26 day 53 minu: before one of the clock in the morning, cloudy and cold.

Ianuaries Abstract.

IN this moneth, let not blood, neither ble but little pollicke, except great necessity constraines thee, and beware of taking cold, for in this moneth Rhumes and flegme do much increase: to fast long is hurtfull, but a little white wine fasting is good and holesome, all meates that are naturally hot moderately, and weare warm cloathes.

In husbandry this moneth you may set all kind of common fruit trees, or plants, as Peares, Plum, Cherrie, Filberd, Walnut, and such like, hawthornes, and all sorts of quicksets, trees or plants, are fittest to bee generally set from the change to the first quarter.

Take away moste superfluous branches from your trees, and this moneth is good to set Beanes, Peale, Parsnips, Radish, Leekes, Garlike, Turneps, & Onions, if the weather be mild & the moone past her full, you may begin to graft at the end of this moneth so as the moone being increasing in her light good husbands also this moneth, crop their trees, fell tymber, and geld cattle, such as may be gelded, the state of the moone alwaies considered.

Of

Day.	The Sunne riseth.	The Sunne setteth.
1	houres 7 and 13 minutes	houres 4 and 47 minutes.
7	houres 7 and 4 minutes	houres 4 and 56 minutes.
14	houres 6 and 50 minutes	houres 5 and 10 minutes.
21	houres 6 and 34 minutes	houres 5 and 26 minutes.
28	houres 6 and 22 minutes	houres 5 and 38 minutes.

Full moone the 3 day 2 in the morn: windy & inconstant.

Last quarter the 11 day 19 minutes, before one in the morning, some stormie to be expected.

New moone the 17 day 6 minuts after 3 in the afternoone, inclined to moisture.

First quarter the 24 day 47 min: after 3 in the afternoone, subiect to be stormy.

Februaries Abstract.

In this moneth all stinking fish, milke, and rice, and such like, that doe oppilate or stop the liuer & vaines, or thicken the blood, are to be eschewed as enemies to health, also yet forbeare phisicke and letting of blood, except great necessity doe vrge, and learned counsell doe aduise you, beware of taking cold, for now Agues are apt to be taken, & it is very ill to take heates, and afterwards suddaine cold vpon them.

Now is the most apt time to graft, plant, and to set all kind of trees and bushes, the winde and weather & the age of the moone aforesaid considered: pease, beanes, hastings, onions, parsnips, and such like as in hast may very fitly be set, in the waine of the moone. The time is now to trym vp Gardens, to set & sow all kinde of sitching hearbes, to set slips, sow kernells, mustard seede, oates, set hops, vines, cut and proyne them, stake vp your rounciuall pease, and hastings.

Of March.

Day.	The sunne riseth.	The sunne setteth.
1	houres 6 and 20 minutes	houres 5 and 40 minutes.
7	houres 6 and 8 minutes	houres 5 and 52 minutes.
14	houres 5 and 54 minutes	houres 6 and 6 minutes.
21	houres 5 and 40 minutes	houres 6 and 20 minutes.
28	houres 5 and 16 minutes	houres 6 and 34 minutes.

Full the 4 day 12 minu: after 8 at night, cloudy and windy.

Last quarter the 12 day 22 minu: after 11 in the forenoone, and worable to the season.

New moone the 19 day 52 minu: after one in the morning, temperate.

First quarter the 26 day 12 minu: after 9 in the morning, overcasting clouds for rayne.

Marches Abstract.

In this moneth the humours of mans body doe begin to increase: and now grosse feeding breedeth grosse blood and grosse humours, and therefore vse meates of good digestion, and such as breede good iuyce: it is a good time to purge and clarifie the blood by potions, Bathings and bloodletting or such other waies as the learned Phisitian shall appoynt, and as the cause of the disease shall require, now also sweete meates and drinkes are comfortable.

The time of grafting as yet endureth, to reether with setting, sowing, proyning, and plashing of vines, hops, willow, oates, field seafe, onions, parsnips, and such like.

Of Aprill.

Day.	The Sunne riseth.	The Sunne setteth.
1	houres 5 and 28 minutes	houres 6 and 42 minutes.
7	houres 5 and 18 minutes	houres 6 and 54 minutes.
14	houres 4 and 54 minutes	houres 7 and 6 minutes.
21	houres 4 and 39 minutes	houres 7 and 21 minutes.
28	houres 4 and 29 minutes	houres 7 and 31 minutes.

Full moone the 3 day 52 minutes after 11 in the forenoone, seasonable and temperate.

Last quarter the 10 day 31 minutes after 6 at night, somewhat cloudy.

New moone the 17 day about 12 in the forenoone, fitting the season.

First quarter the 25 day 16 minu: after 2 in the morning, fayre weather.

April

Aprils Abſtract.

In this moneth of Aprill, the poores of mans body is opened, and apt to receiue phyſicke: and they that refuſe the ſame, I commit them to the benefit of nature, for of all tymes of the yeare, this is the beſt time to preuent cauſes of ſicknesſes, or for ſpeedy remedie in extreamities, for now nature doth renew ſtrength through all the body: So where ſickneſſe happeneth, be ſone vnburdeneth by the meanes of Phyſicke: therefore what it cannot doe now, it will hardly bee done hereafter, therefore take tyme now whilſt time is, &c.

As yet you may graft and proine vines, and alſo ſet Melons, Cowcumbers, Citrons, Artichokes, and ſow vp hopps, ſow Barly, Tanners apply themſelues to barking of Trees.

Of May.

Day	The Sun riſeth.	The Sun ſetteth.
1	houres 4 and 23 min:	houres 7 and 37 minuts
7	houres 4 and 15 min:	houres 7 and 45 minuts.
14	houres 4 and 5 min:	houres 7 and 55 minuts.
21	houres 3 and 56 min:	houres 8 and 4 minuts.
28	houres 3 and 50 min:	houres 8 and 10 minuts.

Full moone the 3 day 13 minu: before 1 in the morning, pleaſant weather.

Laſt quarter the 9 day 34 minu: after 11 at night, ſtormy and vnſeaſon.

New Moone the 16 day 8 minu: after 10 at night, faire weather.

Firſt quarter the 24 day about 9 at night, ſtormy and cloudy.

Mayes Abſtract.

In this moneth riſe early, for May doth not loue ſluggards, and let ſuch as be in health and able, walke into the fields, and to eate and drinke betimes is good and wholſome, abſtayne from all meates that be

of a hot nature, and such as bee sicke, it is very good time of the yeare to be let blood or take physicke. Such as be whole, God keepe them in health, and such as bee sicke, God send them good Physitions and physicke.

The tyme is now fitting to sow Bazill, marierom, and such fine seedes, as before might not be sowne, because of the coldnesse of the weather, set Sage according to the proverbe, set Sage in May, and it will last alway, sow flaxe and hempe, set hartichokes, weede your Hoppes and Gardens, see to your grafts that no superfluous branches trouble them: May dew, Rosemary flowers, and Beane flowers, may at your pleasure be distilled this moneth, and now also haue a care of watching your Bees.

Of Iune.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 3 and 49 minuts	houres 8 and 11 minuts
7	houres 3 and 46 minuts	houres 8 and 14 minuts
14	houres 3 and 47 minuts	houres 8 and 13 minuts
21	houres 3 and 49 minuts	houres 8 and 11 minuts
28	houres 3 and 52 minuts	houres 8 and 8 minuts

Full mone the first day 18 minu: after 11 in the forenoone, hot weather.

Last quarter the 8 day 10 minu: after 4 in the morning, unsee able for the time.

New Mone the 15 day 26 minu: after 11 in the forenoone some ouercasting clouds.

First quarter the 23 day 48 minu: after one in the afternoone, fayre and pleasant.

Full mone the 30 day 53 minu: after 7 at night, some heat drops.

Iunes Abstract.

In this Moneth, if thou must needes vse Physicke, take it in the morning early, that it may haue wrought before the heate of the day, and vse a light and thin diet, for the stomacke is not so able to digest as in Winter, or some other of the former moneths, it is very good and conue-

conuenient for some to drinke clarified whay boyled with cold hearbs, & to abstayne from violent exercise: Distilling of Roses, making of Sirrops, and Conserues are now in prime, now gather such hearbs as you meane to keepe all the yeare, but bee sure you dry them in the shade, good husbands and huswiues are now weeding their Corne and Gardens, and other shearing their sheepe, the time serues to set Rosemary, and Gilliflowers, take heede of cutting either hedge, or trees, or hearbs, with knife, but rather gather them with your fingers, now you may set Saffron, carry out Compost, make Hay, rid Gardens of Snailes, Ants, or Pismiers.

Of Iuly.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 3 and 54 minu.	houres 8 and 6 minuts.
7	houres 3 and 59 minu.	houres 8 and 1 minuts.
14	houres 4 and 7 minu.	houres 7 and 53 ments.
21	houres 4 and 20 minu.	houres 7 and 40 minuts.
28	houres 4 and 30 minu.	houres 7 and 30 minues.

Last quarte the 7 day about 10 in the forenoone, soultry hot.

New moone the 15 day 21 minu: after one in the morning, pleasant hot weather.

First quarter the 23 day 50 minu: after 4 in the morning, inclines to raine.

Full moone the 30 day 36 minu: after 3 in the morning, fitting the season.

Iulies Abstract.

In this Moneth vse cold hearbs, and cold meates, abstayne from physicke, and now the Riuers are more wholsome then the Bathes, let the Sun be vp before you walke abroad. In the time of any plague or Pestilence keepe your Chamber window shut, opening it when the Sun hath lost of shining, and bee sure to perfume your Chambers euery euening with Tarre put on a Chafindish of coales, then surely nothing is

better, and let them vse Cadus Benedictus boyled and drunke fasting. May haruest, now calleth slacke husbands to worke, and such as haue leasure, it is good to follow for wheate, and to carry out soyle, and to gather seedes and flowers to kepe all the yeare, and to dry them in the shade till they be almost dry, & then set them a while in the Sunne, and in like manner may you vse your hearbs.

Of August.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 4 and 36 minuts	houres 7 and 24 minuts
7	houres 4 and 48 minuts	houres 7 and 12 minuts
14	houres 5 and 0 minuts	houres 7 and 0 minuts
21	houres 5 and 16 minuts	houres 6 and 44 minuts
28	houres 5 and 27 minuts	houres 6 and 33 minuts

Last quarter the 5 day 40 minu: after 6 at night, ouercasting clouds.

New moone the 13 day 42 minu: after 4 in the afternoone, reasonable temperate.

First quarter the 21 day about 5 in the afternoone, subiect to be stormy.

Full Moone the 28 day 15 min after 11 in the forenoone, stormy and vncertain.

Auguste Abstract.

In August moderate dyet is good Physicke, for now it is very dangerous to surfitt, and to take heede of heates and of colds, for nothing sooner ingendereth Pluriſies. And vse not to sleepe much, and especially afternoone, for making opplations, and for avoyding of Agues, and the headach, and catharres. And let a man now abstayne from Physicke, except great necessitie doe compell. Now Lady Ceres lookes to haue men enough to attend her. They that would haue good seede for their Gardens the next yeare, must now gather of their owne, least in buying they loose their money and [illegible]. For such as desire to haue lettice or other

ther hearbs for winter, may sow seeds in the increase of the Moone.

Of September.

Day	The Sunne riseth.	The Sun setteth.
1	houres 5 and 34 minuts	houres 6 and 26 minuts
7	houres 5 and 46 minuts	houres 6 and 14 minuts
14	houres 6 and 2 minuts	houres 5 and 58 minuts
21	houres 6 and 14 minuts	houres 5 and 46 minuts
28	houres 6 and 28 minuts	houres 5 and 32 minuts

Last quarter the 4 day 34 minut after 6 in the morning, inclined to some change of weather.

New moone the 12 day about 9 in the forenoone, windy and vnconstant.

First quarter the 20 day at 4 in the morning, ouercasting clouds.

Full moone the 26 day 43 minut after 7 at night, apt for the season.

Septembers Abstract.

In this Moneth, such as haue neede may safely take Physicke, and also may Bath and Bleed, in this Moneth, all things are in their proper nature & vertue, and such fruits as are ripe and not infected, are good to eate for such as haue good stomackes. The time is good to make conserue of Barberies, & Quinces, winter hearbs must be now sowne, likewise is the time to set hartichoakes, rose trees, aple trees, peares, wardens, strawburies, violets, gilliflowers, Apies are to be gathered at the full of the Moone: Sow parsenips, and in dry weather gather your Hopps, good husbandry is sowing Rie and wheate, good huswifery is making of verjuyce, and plucking of hempe.

Of October.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 6 and 34 minuts	houres 5 and 26 minuts
7	houres 6 and 46 minuts	houres 5 and 14 minuts
14	houres 7 and 0 minuts	houres 5 and 0 minuts
21	houres 7 and 15 minuts	houres 4 and 45 minuts
28	houres 7 and 26 minuts	houres 4 and 34 minuts

Last quarter the 3 day 11 minu: after nine at night some fall of rayne.

New Moone the 12 day xiiii. minu: after 1 in the morning, wet and vncouenant.

First quarter the 19 day liii. minu: after 1 in the afternoone, windy and cold.

Full Moone the 26 day 55 minu: after 5 in the morning, ouercasting cloudes for raine.

Octobers Abstract.

In this moneth thou maiest take physick, & also haue occasion serue, vse hot meates, and drinkes, and good wholesome wines to nourish good blood. And beware of taking cold, because the quartane Ague will be apt to be taken, & such other dangerous diseases. Remoue young trees, as apples, peares, quinces, roses &c. Set pease, parsenips, &c. Good Husbands neede not be hasted to sowing of wheate; set Nuts, Acornes, and Filberds, and to doing of such good husbandry.

Of Nouember.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 7 and 33 minuts	houres 4 and 27 minuts
7	houres 7 and 42 minuts	houres 4 and 18 minuts
14	houres 7 and 52 minuts	houres 4 and 8 minuts
21	houres 8 and 3 minuts	houres 3 and 57 minuts
28	houres 8 and 9 minuts	houres 3 and 51 minuts

Last quarter the 2 day xlix. minu: after iiii. in the afternoone. sitting the season.

New Moone the 10 day 52 minu: after 5 at night, subiect to snow or raine.

First quarter the 17 day 30 minu: after 9 at night, frosty and cold.

Full moone the xxiiii. day 9 minu: after 3 at night, winterly weather.

Nouembers Abstract.

In Nouember finish the phisicke that ye meane to take, & so rest till March, except some great necessity

Doe

ye conſtrayne you, vſe good meates & wholeſome wine to nouriſh the blood, prouide thée warme cloathing, goe vp on thy fét, or elſe make ſure account of Rheume and poſe, beſidys ſome other inconuenience that will enſue. We ware of the hot-houſe this moneth, and vſe Betony and Cinamon in drinke.

In the new of ỹ moon you may remoue pong trées as the laſt moneth, and ſet crab-trée ſtockes to graft vpon when you pleaſe. It is a good time in the wane of the moone to ſet peaſe, beanes, and if the weather bée not to hard, it is good ſowing of Parſenips, good making of mault, an killing of Beéues and Swine.

Of December.

Day	The Sunne riſeth.	The Sanne ſetteth.
1	houres 8 and 13 minuts	houres 3 and 47 minuts
9	houres 8 and 14 minuts	houres 3 and 46 minuts
14	houres 8 and 15 minuts	houres 3 and 45 minuts
21	houres 8 and 13 minuts	houres 3 and 47 minuts
28	houres 8 and 7 minuts	houres 3 and 51 minuts

Laſt qui: the 2 day 33 min: after 1 in the afternoone, Rayny and vnconſtant.

New moon the 10 day 41 min: after 8 in the morning, ouercaſting clouds for raine.

Firſt quarter the 17 day 11. min after 4 in the morning, winter ỹ weather.

Full Moone the xxv. day 22 min: after 9 in the morning, inclined to moiſture. Decembers Abſtract.

In this Moneth of December, keep thy body and head from cold, and eate ſuch meates as be of a hoat quality abſtayne from Phyſicke, and let thy Kitchen bée thy Apothicary: warme cloathing thy nurſe, merry conuerſing thy keepers: and good hoſpitality thy exerciſe.

Remoue trées and bushes as aforeſaid in Nouember, if the weather prooue not two extreame. In the wane of the Moone ſet Beanes, peaſe, & thoſe hearbs that cannot indure the cold, couer them with ſtraw or other proviſion from the froſt and ſnow.

Soli ſapienti Deo, ſola Gloria.

FINIS.

An Abstract of a direction, concerning Reall Contracts.

WHosoeuer shall desire to purchase, or put to Sale, to take in Leasse, or let to Farme, to grant, Assigne, Exchange, or otherwise to Contract, or Deale, with or for any Lands, Leasses, Rents, Annuities, Mansion-houses, Offices, saleable, or other Estate of what yearely value soeuer, or to saue any such from danger of Forfeiture, through the want of present money. May either in their owne name's, or in the name of any other trusted by them, haue secure meanes with all privacy requisite; for the speedy effecting what shall be desired, in any the Cases aforesaid, or the like. *At the Portcht. House gaynst St. Andrewes Church in Holborne.* London.

God saue our gracious King *Charles.*